



MOMENTS OF TRUTH

If we want to achieve real results at work, every person on every team needs. In our lives, we tend to define ourselves by moments that shape who we are and how we see ourselves—whether that’s the birth of a child, getting married, or receiving a big promotion. But how do you prepare for life’s unexpected moments? And why do some people seem more equipped to handle them than others?

In this inspiring keynote, Simon shares how he found himself flat on his back about to have his heart replaced at 21-years old, and how that taught him to face the unexpected with courage, determination, and unshakable self-belief.

This keynote is ideal for audiences who are:

- ✔ Curious about how unexpected life events can lead to profound personal growth
- ✔ Eager to build unshakable self-belief and confidence in their abilities
- ✔ Ready to learn how to face unexpected moments with courage and determination
- ✔ Determined to transform personal challenges into opportunities for growth

Audiences will learn:

- ✔ How life’s unexpected moments shape who we are
- ✔ What ability is essential for navigating challenging times
- ✔ Why some people excel when navigating unexpected moments
- ✔ How personal challenges can lead to massive personal growth